



# Exciting news!

**Your child's school (Grade 4-6)** is participating in a project about children's lifestyle, well-being, and the pandemic-related closure of school buildings

Your child will be asked to fill out an online survey during school hours to help APPLE schools develop new plans promoting children's health\*



**We invite all parents to complete a quick survey!**

Tell us more about your Grade 4-6 child's lifestyle and well-being

**PARTICIPATE**



To learn more about the study and APPLE Schools, **click here!**

\*If you prefer your child not to participate in this project, [fill out this opt-out form](#) OR email [dabravol@ualberta.ca](mailto:dabravol@ualberta.ca), OR notify your child's teacher by next Monday.