

October 12, 2021

## COVID Update for Aurora

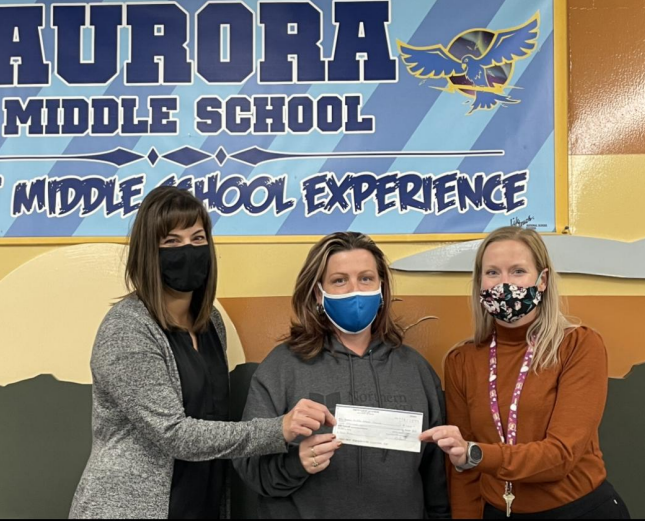
As Aurora has had [three confirmed cases this past week](#), our school is now in Alert status. Currently, schools that have 2-4 cases or 5-9 cases will be deemed to be in an Alert status. Schools that have 10+ cases will be considered to be in an Outbreak. That determination is made by AHS, and they inform schools when they are in an Outbreak or Alert status and post the notices on the [AHS website](#). Aurora will be taking temporary measures to enhance student and staff safety. Starting on Tuesday October 12, **all students will eat their lunch in their homeroom classes** rather than in the cafeteria. Cafeteria services will continue, but students will pick up their food in the cafeteria and return to their classroom to eat. Outside recess will still take place as scheduled in the daily cohorting rotation. This is the routine we had in place throughout 2020-2021, so many staff and students will be familiar with this. When our Alert status is removed, we will review these measures and update parents with any changes.

Contact tracing for close contacts will also resume this Tuesday, and we have been informed that rapid testing kits made available to schools starting in late October. NLPS will provide families with details on that as soon as they become available.

## Volleyball action is in full swing!

Aurora Thunderbirds continue to bring the thunder in volleyball action. Our students are excited to host volleyball tournament action taking place on Saturday October 30 in the Bold Center. Unfortunately, we cannot have spectators in the audience; only coaches, players, officials, and volunteers will be able to attend the courtside action. We have enhanced measures in place in conjunction with Bold Center staff, organizers, and coaches. de possible by staff and community volunteers. Without their time and dedication, we wouldn't have the terrific programs we are lucky to provide our students! We encourage all Thunderbirds to look to these student athletes as good role models! Getting outdoors and staying active is part of Aurora Middle School's School Plan to improve mental health and wellness!





### APPLE Schools Update

Last week, we reported on the generosity of our community members who supported Aurora Middle School’s *Classroom Fruit Bins* program with generous donations, and the good news continues! The Kinettes continued to support our healthy school initiative with a donation of \$1000. One of our school goals is improving mental health and wellness for our students and their families. *Classroom Fruit Bins* has

been a highly successful program at Aurora Middle School which was spearheaded through the [APPLE Schools](#) project that has been in place for the last 5 years. Funding ran out at the end of the 2020-21 school year. Teachers in the school feel that this program is definitely one of the most impactful projects improving the healthy living of their students. As of Tuesday, September 28, 2021 we have been able to continue to stock our classrooms with fruit from Britton’s Your Independent Grocer. Aurora is continuing to seek out community support to offset the cost for classroom fruit bins. Thank you again for your generous support of our Thunderbirds!

### Important Session for Parents!

If you have a growing pre-teen or new teenager in your home, this session will provide important information to support your child’s development in a modern day context. Sign up with [christine.martin@laclabichedcounty.com](mailto:christine.martin@laclabichedcounty.com) prior to Oct 20!

### Important Dates!

Our **picture day** with Lifetouch is scheduled for October 19 ! Halloween events will take place on Friday Oct 29, including LLB County and our School Resource Officer visiting with some Halloween safety tips for our students. Please note that there is **no school** on Monday, November 1, as all NLPS staff attend our system-wide PD event.

**Focused on parents with teens**  
Thursday, October 21  
7-9 pm • On Zoom

Must pre-register by Wed. Oct. 20<sup>th</sup>.  
Call Christine at 780-520-7183, or email  
[christine.martin@laclabichedcounty.com](mailto:christine.martin@laclabichedcounty.com)



# Let's Talk SEX

**Exploring how to have vital conversations with your teen about healthy relationships and sex.**

Presented by Alison Zalasky  
RN, BScN, Edmonton Pregnancy Care Centre

**We will explore and discuss the following topics:**

- Typical teenage emotional and physical development.
- Influences of media and technology: social media, sexting and pornography.
- Exploring healthy relationships and boundaries
- Understanding consent.
- Exploring healthy sexual decision making.
- Discovering personal and community resources when the “what if happens”





**PAC Meetings:** For those parents who can't attend our monthly PAC meetings, we will be posting minutes and next meeting's agenda on our website. Our future dates for BINGO worker days in 2021-2 are: **Nov 25, Dec 19, Jan 21, Feb 18, Apr 28, May 15, June 26, & Aug 27!** At this time, there is no concession available due to provincial restrictions. The shift runs from 5pm to about 9pm and we require three people to work the shift. Note that the BINGO hall now requires proof of vaccination for all attendees and volunteers. Please call or text our amazing and hard-working BINGO Fundraising parent volunteer coordinator Joyce Cloutier at (780) 623-8203 if you are able to volunteer. Our next PAC Meeting is Wednesday October 20 at 6:30pm via [Google Meet](#) and in-person at the school !