

October 18-22, 2021

## Volleyball tournaments and field trips!



With enhanced measures for safety in place, Aurora Thunderbirds continue to get experiences we missed out on last year. In tournament action, both the grade 8 girls and boys teams finished second, while the grade 7 teams both had strong showings with consolation victories. Outdoor education at Aurora continued with a class cohort of grade 7s participating in an overnight camping trip, learning outdoor camping safety and they had a blast too! Mr. Lyons and Ms. Cardinal led students through setting up tents, using



cold weather sleeping gear, cooking with a camping stove and over the fire. These experiences would not be possible without the generous donation of community sponsors and dedicated volunteers. Getting outdoors and staying active is part of Aurora Middle School's School Plan to improve mental health and wellness!



**Important Session for Parents!** If you have a growing pre-teen or new teenager in your home, this session will provide important information to support your child's development in a modern day context. Sign up with [christine.martin@laclabichcounty.com](mailto:christine.martin@laclabichcounty.com) prior to Oct 20!

**Important Dates!** Our **picture day** with Lifetouch is scheduled for October 19 ! Halloween events will take place on Friday Oct 29, including LLB County and our School Resource Officer visiting with some Halloween safety tips for our students. Please note that there is **no school** on Monday, November 1, as all NLPS staff attend our system-wide PD event.

**PAC Meetings:** For those parents who can't attend our monthly PAC meetings, we will be posting minutes and next meeting's agenda on our website. Our future dates for BINGO worker days in 2021-2 are: **Nov 25, Dec 19, Jan 21, Feb 18, Apr 28, May 15, June 26, & Aug 27!** At this time, there is no concession available due to provincial restrictions. The shift runs from 5pm to about 9pm and we require three people to work the shift. Please call or text our amazing and hard-working BINGO Fundraising parent volunteer coordinator Joyce Cloutier at (780) 623-8203 if you are able to volunteer. Our next PAC Meeting is Wednesday October 20 at 6:30pm via [Google Meet](#) and in-person at the school !

**Focused on parents with teens**  
Thursday, October 21  
7-9 pm • On Zoom  
Must pre-register by Wed. Oct. 20<sup>th</sup>.  
Call Christine at 780-520-7183, or email [christine.martin@laclabichcounty.com](mailto:christine.martin@laclabichcounty.com)

**WAIT!**  
**Let's Talk SEX**

Exploring how to have vital conversations with your teen about healthy relationships and sex.  
Presented by Alison Zalasky  
RN, BScN, Edmonton Pregnancy Care Centre

We will explore and discuss the following topics:

- Typical teenage emotional and physical development.
- Influences of media and technology: social media, sexting and pornography.
- Exploring healthy relationships and boundaries
- Understanding consent.
- Exploring healthy sexual decision making.
- Discovering personal and community resources when the "what if happens"

Lae La Biche County  
welcoming by nature.

FCSS  
Family and Community Support Services  
Lae La Biche County

Alberta Health Services

A Takes A Village  
community support

Pregnancy Care Centre